

CHATTAHOOCHEE CHALLENGE

SWIM - BIKE - RUN * RUN - BIKE - RUN

SPRINT TRIATHLON & DUATHLON

Race Day Schedule

- 5:30am Transition Opens/Race day registration/Package Pick up
- 7:00am Transition Closes
- 7:10am Pre race Brief at swim start
- 7:14am National Anthem
- 7:15am Race Starts with Paratriathletes
- 7:18am Floatie Division Starts
- 7:30am Age Group Athletes
- 7:45am Duathlon Run #1 begins above swim start
- 10:30am Awards Ceremony

Transition

Transition Area is located adjacent to the One Arsenal Parking Lot off of Dillingham St. You're closest point of reference is the Columbus Trade Center.

The Swim

500m downstream with a waterslide entry! Or, you can use the stairs after passing the timing mat, but what fun is that? All water slide entries must be feet first, no exceptions.

Duathlon Run #1

Duathletes will start 7:45am from Woodruff Park (directly above the swim start) for their 1 mile run.

The Bike

The course begins and ends around the Riverwalk and will be closed to pedestrian traffic. This is a flat and fast 13 mile course. We have a lead vehicle clearing traffic and the course is well marked with directional signs and volunteers along with Police to help you stay on course. Please be mindful that the City of Columbus is graciously allowing us to use their property. Keep all your trash with you.

Technical support will be on the course to assist with emergency repairs whenever possible; but athletes are expected to be able to handle basic repairs (changing a flat, basic adjustments, etc) themselves. Please be self-sufficient.

USAT officials will also be on the course to enforce USAT rules and regulations.

The Run

The run course is very flat 1-loop course. An aid station is located approximately 200 yds out of transition. You will pass this aid station twice. Should family and friends wish to send their athlete a motivational message there will be sidewalk chalk available at transition/package pick up.

